



**A Premier Volleyball Club training players from U10-U18
Club / Regional / National Teams**



Free Open Gyms

October 9th & 11th

U10-U12 5:30-6:30

U13-U14 (or any 8th grader) 6:30-8

Try Outs

To be announced soon



@ Metro Volleyball Club

Message us with questions

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For Invited Players

Position Specific Clinics begin in November

Team Practices begin in December

Tournaments

Jan to Early April (Club/Regional)

Jan to Mid June (National)